



## Ministry Moments

### ***Molly's Message:***

As fall approaches, GHCCM continues to impact the lives of many who are living in poverty. January through July of 2023, GHCCM distributed \$73,215 in rent assistance and \$64,849 in utility payments to help 'keep the lights on'. GHCCM's Pharmacy filled 10,426 prescriptions and our Medical Clinic completed 3479 patient visits during that same time.

As announced earlier this year, GHCCM's main campus property was sold to Kintegra Health as they plan to expand their Medicaid practice. To clarify, ***Kintegra is our landlord only. They are not absorbing or managing GHCCM in any way, nor are they providing funding to GHCCM.*** All the services we currently provide to those in need will continue to function as they do today. The ministry remains a Christ-centered, independent 501(c)3 non-profit, managed by our Board of Directors and staff.

Our need for community financial support is as great as ever as the ministry serves those who are facing the burden of the increased cost of life's essentials such as clothing, food, medical care, transportation and housing.

I invite you to visit GHCCM. We would love to show you the works of the ministry in person.

Prayers and Blessings to each of you,  
Molly Sain, Executive Director, [mtsain@ccmhickory.org](mailto:mtsain@ccmhickory.org)



---

## **NUTRITION PLUS HEALTHY FOOD MARKET**

### **Provides Healthy Foods for Clients**



Personalized grocery shopping can improve your health! Many GHCCM Medical Clinic patients are diagnosed with Diabetes and/or High Blood pressure. The newly opened, Nutrition Plus Healthy Food Market, was established to help clients take control of and improve their overall health by providing healthy food choices. Jane Duralia, RN, CPSS and Nutrition Plus Education Manager, has designed a program to teach clients how to choose, prepare, and eat healthy food according to their health needs. The goals are to reduce A1C levels and blood pressure readings to enhance healthy outcomes. Monthly cooking classes and individual health classes, as well as specialized recipes are provided to encourage participants take control of their health and wellbeing. The Nutrition Plus Healthy Food Market provides low-sugar, low-sodium and low-carb canned goods, frozen foods, meats and fresh produce so patients can select food items they prefer at NO CHARGE.

---

**NEW LOOK - CHECK US OUT!**



## **GHCCM UNVEILS NEW LOGO**

The Cross is the focal point for the ministry. Through God's love, all things are possible. The Starburst characterizes the variety of services provided and signifies a bright future for all.

The Green Pathway represents the journey clients are on as they move through life's challenges. The goal is to find a pathway to independence and wholeness.



## **The Whole Life Center focuses on Education**

Since its inception in 2019, the Dr. John and Carol de Perczel Whole Life Center (WLC) has been a place for next-step services for those who have the desire to move out of the poverty cycle. With COVID, the momentum slowed, and GHCCM leadership realized that a targeted approach was needed to revitalize the dream and goals for this space. Recently, Lynn Loehr was appointed as the WLC Liaison. Working closely with Client Services and WLC Manager, Jailen Howell, her position focuses on discovering and implementing life-enhancing educational classes that will broaden the offerings of GHCCM and to secure funding as needed. Lynn brings many years of experience to her new role. She and her husband Bill have lived in Hickory nearly 40 years and she has worked within the nonprofit sector for most of those years. Executive Director, Molly Sain explains, "The Whole Life Center is a place where clients can come to learn new skills and enhance their current skillset to improve their lives. We are so excited to have Lynn in this role and are looking forward to the growth of the WLC and the clients we serve."



---

## ***GHCCM PHARMACY is more than a place to get medications***

***Prescriptions are filled*** for the homeless, the uninsured, and the underinsured.

***Patient Assistance Program*** - A pharmacy advocate completes and submits paperwork to drug manufacturers on behalf of patients to order medications.

**Brown Bag Service** - Fourth-year pharmacy students consult with patients who wish to go over their prescriptions and non-prescription medications and answer any questions.

**Internship Opportunities:** Participants include Pharmacy students from Wingate College of Pharmacy and graduate students from Lenoir Rhyne University.

**Over-the-Counter Medications** are available at no charge to patients who qualify.

**Prescription Transfers-** GHCCM Pharmacy will transfer prescriptions to/from other pharmacies.

**Diabetic Supplies-** Glucometers, test strips, lancets, syringes, and pen needles are available with a provider's order.

**Expired Medication Drop-Off-** Patients can bring any expired medication(s) to drop in our depository, located in the main lobby.



## ***Volunteers Needed***



Do you have a few hours each week or every other week to share with GHCCM?

Days and times are flexible Mondays – Thursdays. We provide training!

Volunteers are needed in the following areas:

- Pharmacy window to help with distribution of medications and process payments
- Client Services to assist with answering phones, collecting donations, distributing towels and toiletries for the shower ministry and assisting those using the laundry services.

---

## ***Cold Weather needs for the Crisis Closet***







Fall is quickly approaching. Warmer clothes are needed for the **Crisis Clothing Closet**. Donations of new or gently used everyday clothing items are needed including jackets, hats, gloves, shoes, socks and underwear. Please drop off at the GHCCM main entrance Mondays – Thursdays 9am – 4pm.



**Our Contact Information**

Greater Hickory Cooperative Christian

Ministry

31 1st Ave. SE

Hickory, NC 28602

828-327-0979

<http://www.ccmhickory.org/>

[Unsubscribe](#) | [Manage email preferences](#)